

Door County's Meal Program served over 40,000 meals in 2018. Those meals help to maintain the overall health, independence and quality of life for older adults right here in our community. The success of the program would not be possible without the fantastic commitment of volunteer drivers and monetary donations designated to support the nutrition program.

If you are interested in becoming a Meals on Wheels volunteer driver or you would like to give a monetary donation to support the nutrition program, please contact us today!

### I am interested in:

Becoming a volunteer driver for meal delivery.

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Offering a gift to support the program

Please make check payable to:

**Door County ADRC & Community Center**  
916 N. 14th Avenue  
Sturgeon Bay, WI 54235



**@ THE DOOR COUNTY COMMUNITY CENTER**

916 North 14th Ave.  
Sturgeon Bay, WI 54235

920-746-ADRC (2372)  
Toll free: 855-828-2372

Website: [www.ADRCDoorCounty.org](http://www.ADRCDoorCounty.org)

Facebook:  
[www.facebook.com/ADRCDoorCounty/](http://www.facebook.com/ADRCDoorCounty/)

Email: [ADRC@co.door.wi.us](mailto:ADRC@co.door.wi.us)

Open Monday – Friday  
8:00 a.m. to 4:30 p.m.  
or by appointment



## Door County Congregate Dining & Home Delivered Meals Program



## Program Dining Sites

**Door County ADRC & Community Center**  
916 N. 14th Avenue, Sturgeon Bay  
Serving: Monday-Friday

**Washington Island Community Center**  
910 Main Road, Washington Island  
Serving: Mondays, Wednesdays,  
2nd & 4th Fridays of the Month

**Brussels Community Center**  
1366 Junction Road, Brussels  
Serving: Tuesdays & Thursdays

**Baileys Harbor Town Hall**  
2392 County Road F, Baileys Harbor  
Serving: Wednesdays and Fridays

**Liberty Grove Town Hall**  
11161 Old Stage Road, Sister Bay  
Serving: Mondays, Wednesdays  
and Fridays

For more information about meal site participation, call the Door County ADRC & Community Center at (920) 746-2523.

# Home Delivered Meals

## Home Delivered Meals Program

The Home-Delivered Meals Program promotes the overall health and independence of older adults through balanced meals delivered to the home and access to health information and resources. All meals are planned and approved by a registered dietician and prepared by an accomplished chef and kitchen team.

## Home Delivery Eligibility

Home delivered meal participants are considered adults 60 years of age or older who are unable to travel to a dining site due to health issues or the inability to prepare a nutritious meal on their own. Informal caregivers and a spouse of the individual participating in the home delivered meal program are also eligible to receive a meal.

For more information about the home delivered meal program or how to start receiving them, please contact the ADRC at (920)746-2523.

## What is the Cost of a Home Delivered Meal?

If you are 60 years of age or older, we suggest a \$5.00 contribution per meal.

Our Program is funded by our participant contributions, State, Federal and County funds.

**NO PARTICIPANT WILL BE DENIED A MEAL IF THEY ARE UNABLE TO MAKE THE SUGGESTED CONTRIBUTION.**

## How Do I Pay For Meals?

A request for contribution will be sent each month from the Door County ADRC & Community Center.

All contributions should be sent in a sealed envelope, with your name on the front, to the ADRC & Community Center.

If you are unable to mail your contributions, the sealed envelope can be given to the volunteer driver. Drivers can not take cash.

## Volunteer Drivers

Volunteer Drivers deliver hot meals to homebound participants in Sturgeon Bay. Volunteers are also available for frozen meal delivery.

All volunteers undergo a background screen and training through the Door County ADRC & Community Center.



## What if I'm Not Home When a Meal Arrives?

Volunteers are **NOT** allowed to leave the meal at your home. **You must contact the ADRC at 746-2523 to cancel a meal if you will not be home.**

If the volunteer is unable to make contact, the meal will be returned to the meal site. We will make telephone calls until we are able to verify your safety.



# Congregate Dining

## Dining Program

The Congregate Dining Program strives to promote the overall health and independence of older adults through balanced meals, companionship, and access to health information and programs.

Persons age 60 and older, or those who fit the eligibility guidelines, can enjoy food and fun at a local congregare dining site, attend activities of interest, and learn from informational presentations. All meals are planned and approved by a registered dietician and prepared by an accomplished chef and kitchen staff.

Reservations **ARE NOT** required for the **Sturgeon Bay** dining site unless you a party of 10 or more.

Reservations **are required** at our **Washington Island, Brussels, Baileys Harbor, and Liberty Grove Dining Sites**. Please call the Door County ADRC & Community Center at (920)746-2523, at least 1 day in advance of the meal to be served. If you have an unforeseen conflict, please call to cancel your reservation.

## Feed Your Body and Your Soul

Door County's congregare dining sites offer not only delicious, nutritious meals, but programs and activities that meet a variety of interests. The activity calendar and special events, as well as the monthly dining site menu, are published in the ADRC Monthly Newsletter, which can be found at each congregare dining site and online: [www.ADRCDoorCounty.org](http://www.ADRCDoorCounty.org).

Our Congregate Dining Program is funded by participant contributions, State, Federal and County funds.

## What is the Cost of the Meal?

If you are 60 years of age or older, we suggest a \$5.00 contribution for each meal. Those who meet the following criteria are eligible to enjoy a meal at the suggested contribution rate:

- Anyone age 60 and over
- A spouse under age 60 but attending with a spouse 60 or older
- A person under 60 with a disability and residing at home with a person over 60
- An informal caregiver under 60 years of age caring for a meal site participant over the age of 60 (must attend together)

Anyone under 60 years of age are also welcome to participate in the dining program but must pay the full cost of a meal. Please call the ADRC for full cost information.

**NO PARTICIPANT WILL BE DENIED A MEAL IF THEY ARE UNABLE TO MAKE THE SUGGESTED CONTRIBUTION.**

## Low-Cost Transportation

Persons age 60 and older, and those that meet eligibility guidelines, are welcome to use the ADRC & Community Center bus. This highly affordable service will transport participants in Sturgeon Bay to the Sturgeon Bay dining site, as well as other Sturgeon Bay locations. For more information or to make a reservation, call (920) 746-2548.

## Why Do You Come to the Meal Site?

*"A great meal and a great outing!"*

*To meet different people"*

*"For good programs and good nutrition"*